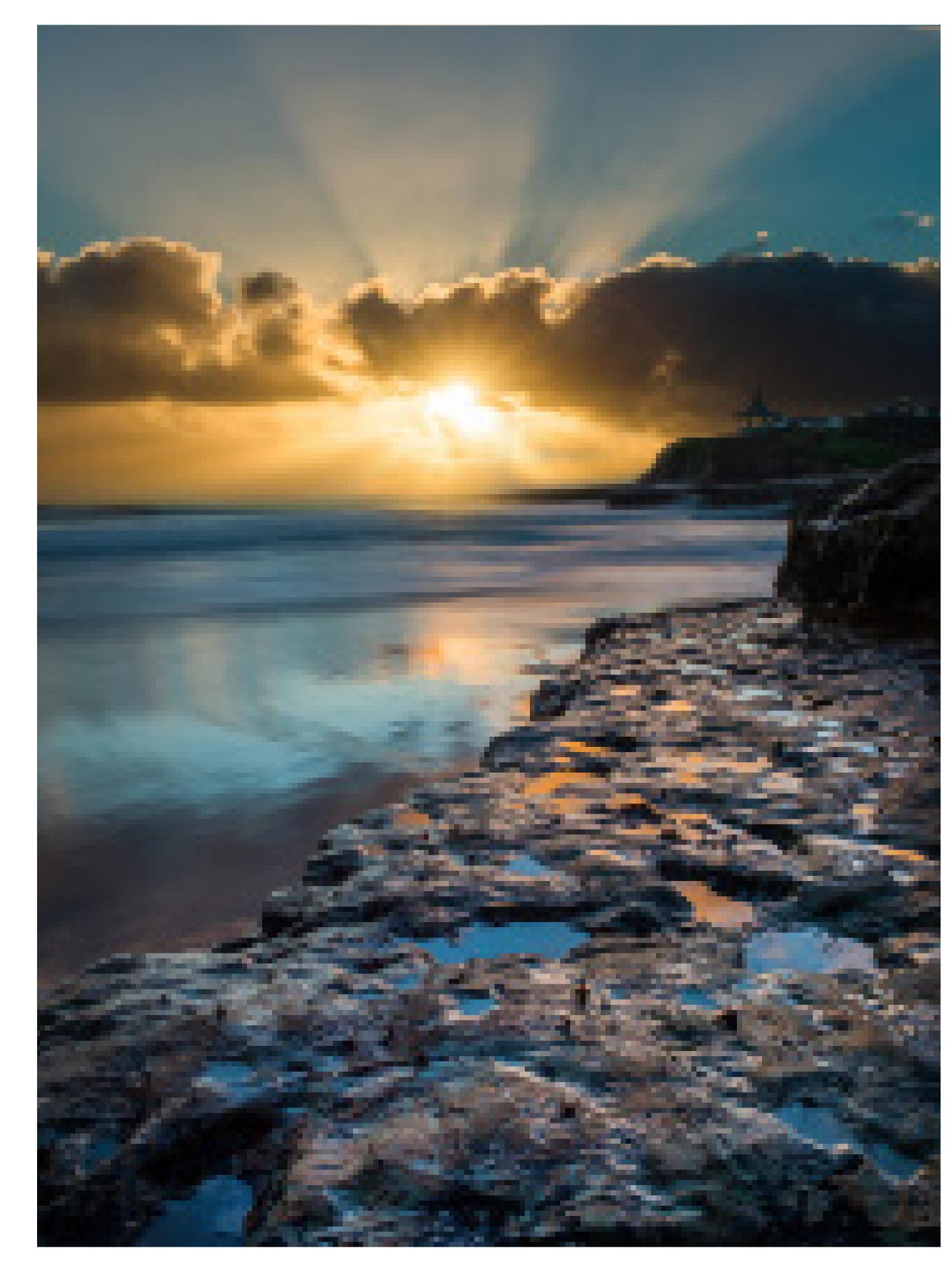
NATURAL BRIDGES State Marine Reserve (SMR)



NATURAL BRIDGES is home to intertidal zones and rocky reefs which are important habitats for a variety of marine species.

DANIELLE CROOK Inside a Santa Cruz icon



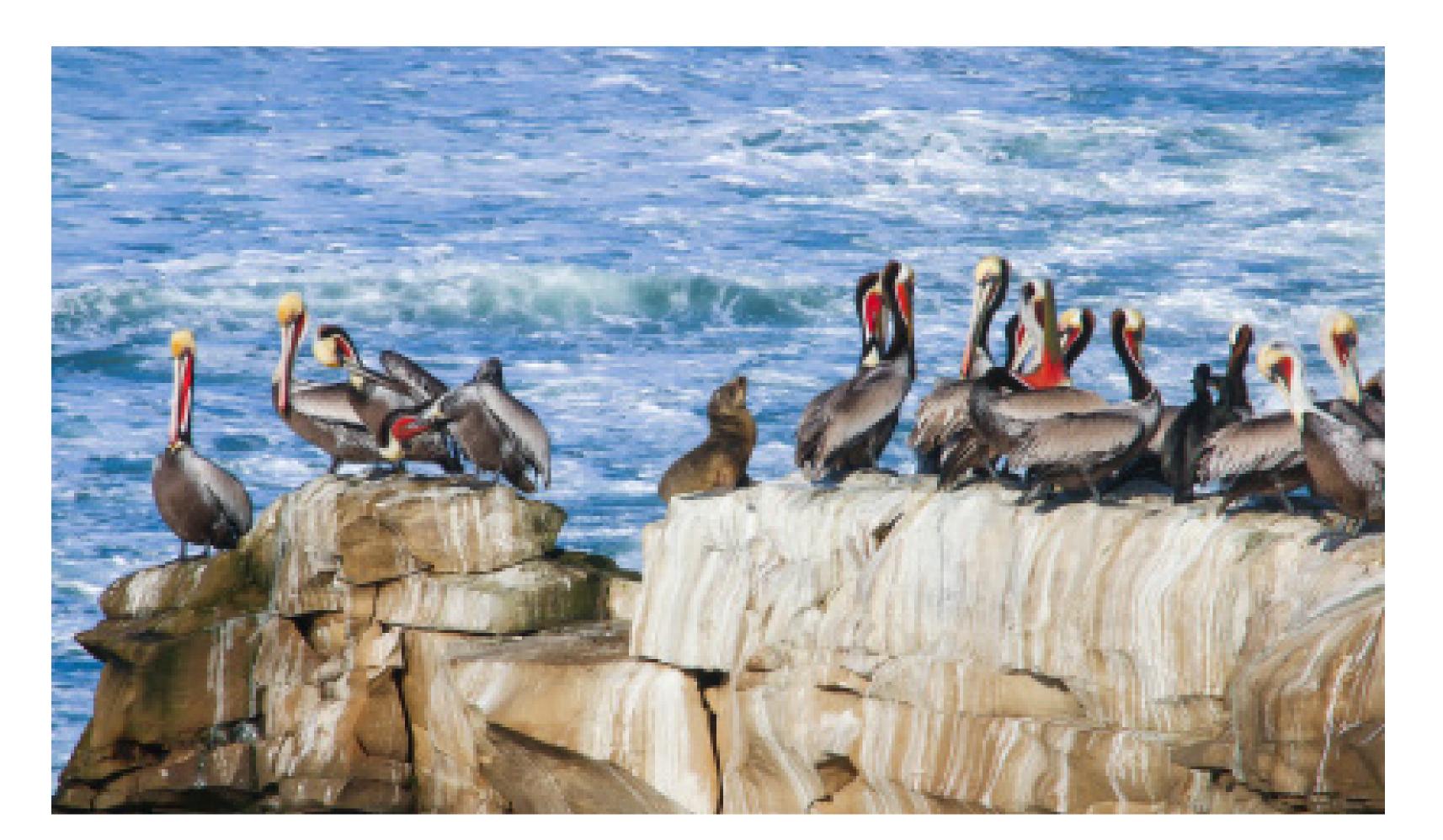


ROBIN WELTER

Sea star and anemones in the intertidal

INTERTIDAL ZONES are where the ocean meets the rocky shore. Organisms here have adapted to survive in and out of water.

NEIL SIMMONS Sunset tide pools





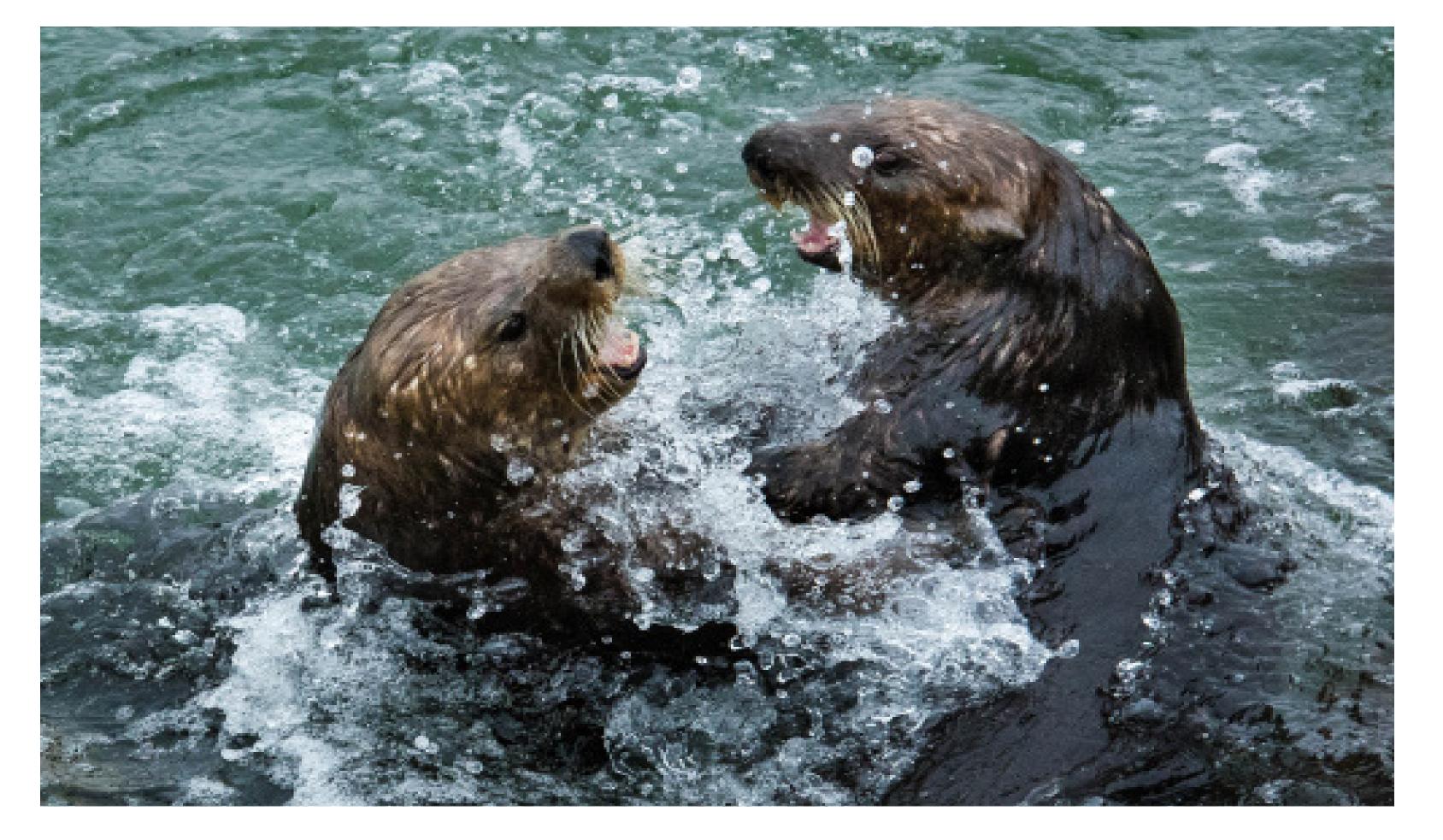
COLE WILSON Resting rock







ELKHORN SLOUGH State Marine Reserve (SMR)

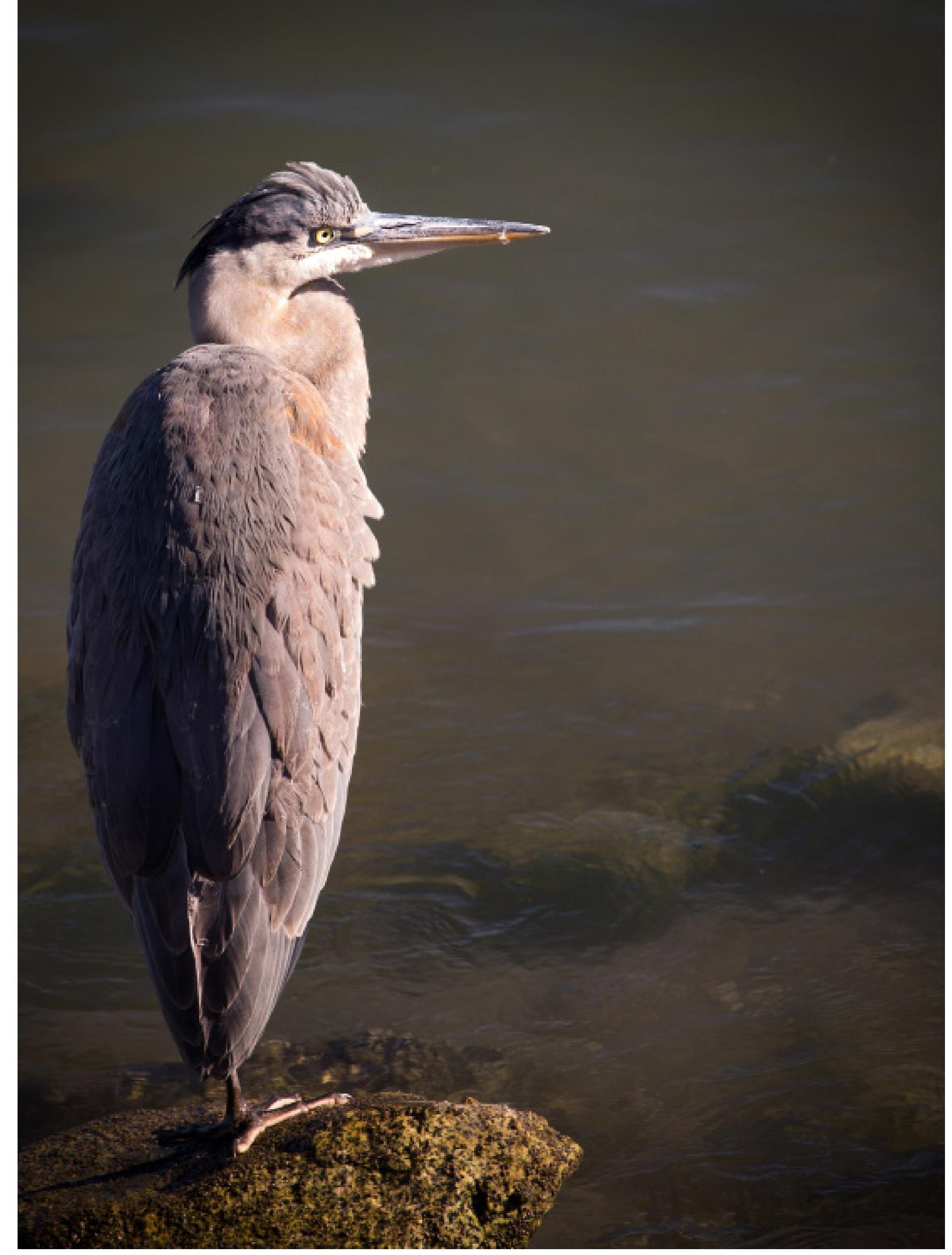


ELKHORN SLOUGH is one of the largest estuaries in California.

KIM STEINHARDT Young sea otter challenges for territory

The rare brackish habitat is home to well over 700 species!





LESLIE ABBOTT Egret with stick

RICH NUTRIENTS provide lifesaving buffets for long-range migrating seabirds as they make pit stops to the slough.







ALISON FORMICA Hum along

JIM KIRKLIN Through the foam



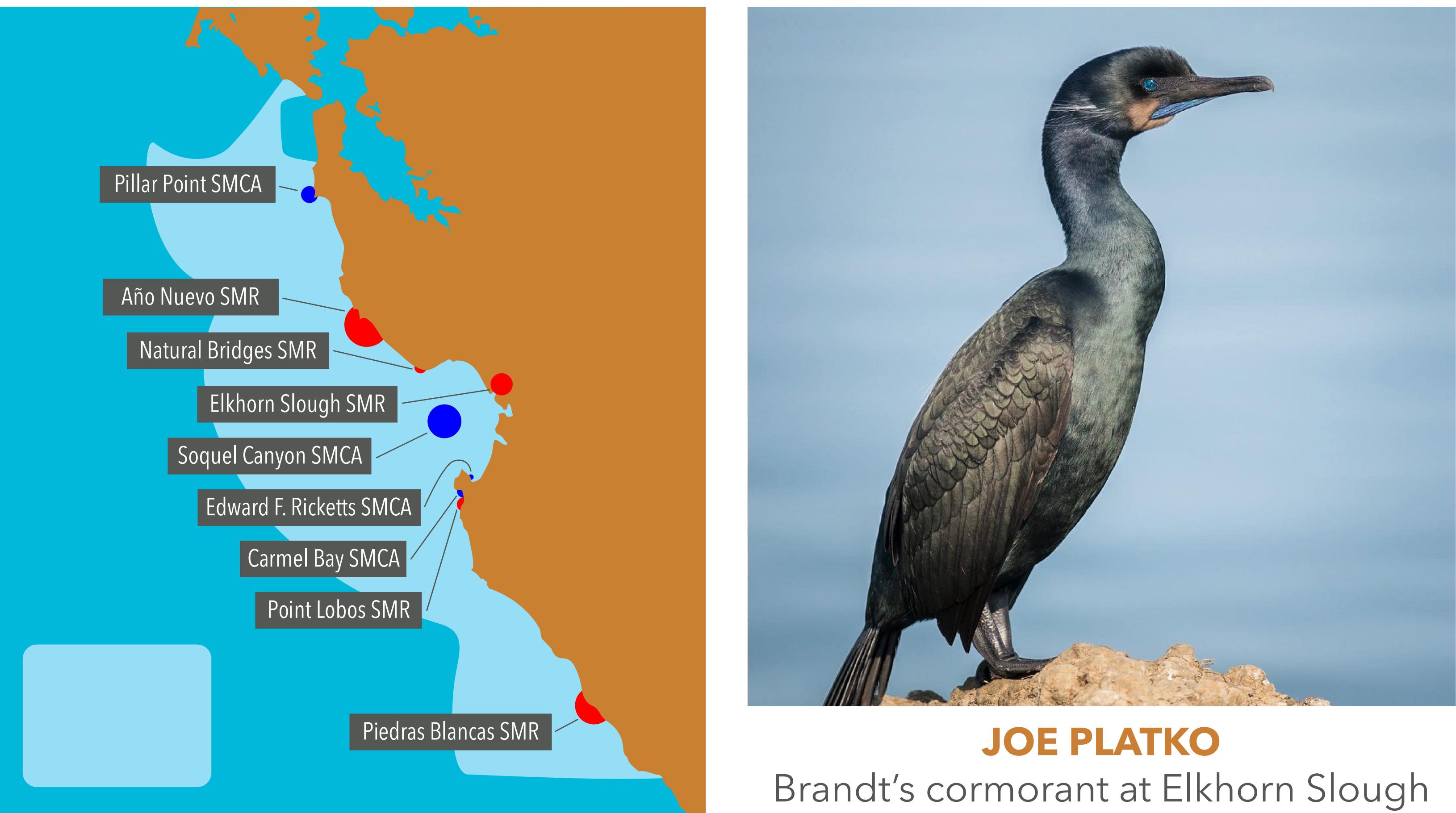
WHAT ARE MPAS? Marine Protected Areas (MPA)



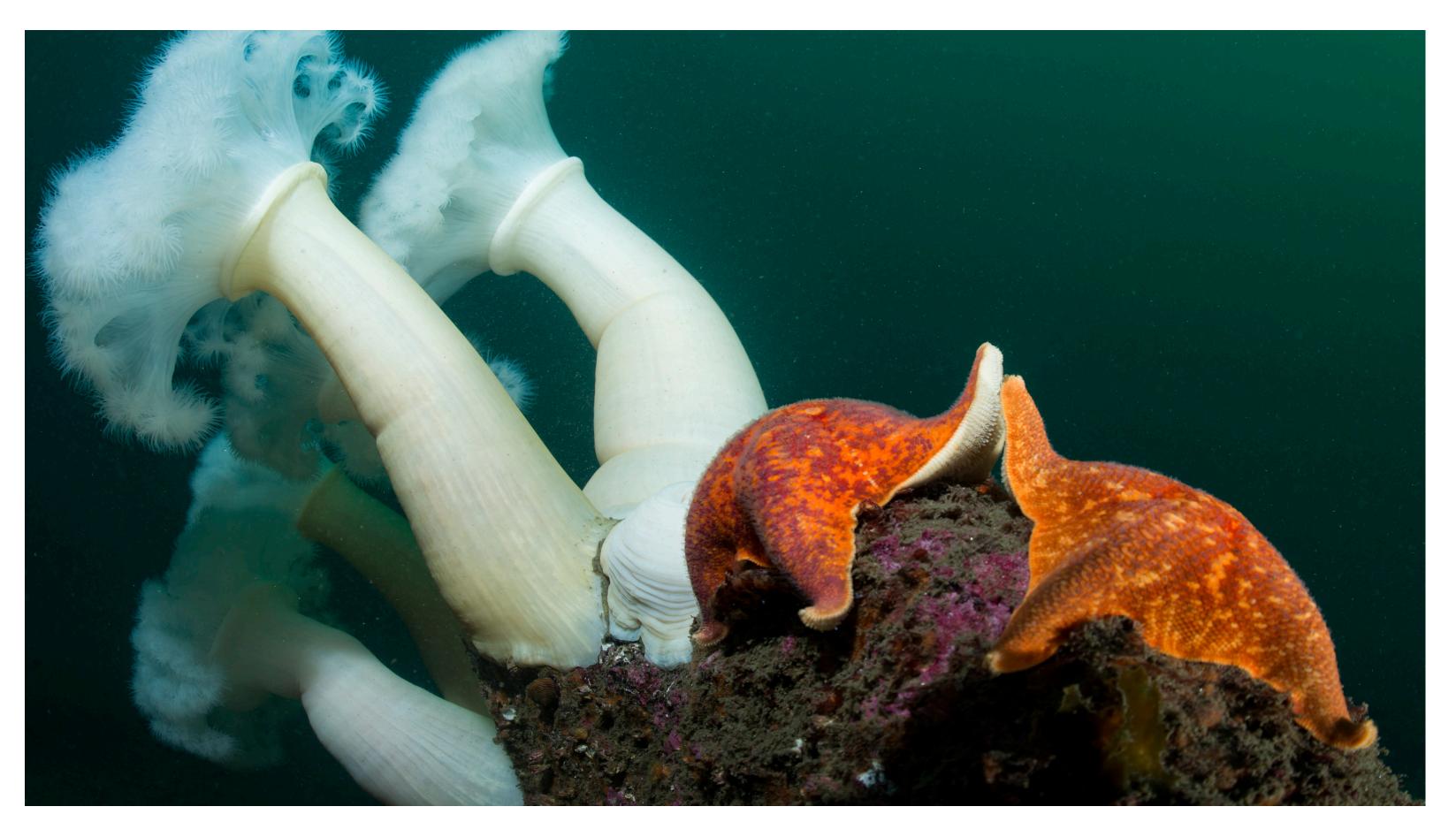
PROTECTED AREAS are large underwater

conservation zones that manage the resources of fragile and ecologically significant habitats in our ocean and coast.

IRENE RETI Sea otter rests at Elkhorn Slough



Save Our Shores' goal is to ensure all habitats within the Monterey Bay National Marine Sanctuary, including MPAs, are thriving!



JUSTIN HOFMAN Sea stars high-five at Edward F. Ricketts

2 TYPES OF VPAS

State Marine Reserves (SMR) enjoy the highest level of protection. No fishing or take are allowed in these areas, but recreational activities like swimming, surfing, kayaking, and diving are encouraged.

2 State Marine Conservation Areas (SMCA) restrict certain human activities such as commercial and recreational fishing, but still allow for many types of recreational activities!